

Requirements and Limits  
Applicable to Specific Services

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State/Territory: Pennsylvania  
COVERED GROUPS: All  
Expanded Prenatal Care Services (Reference 19)

Provide coverage and reimbursement of additional prenatal care services

- A. Comparability of Services: Services are not comparable in amount, duration and scope. The authority of §9501(b) of COBRA 1985 allows an exception to provide services to pregnant women without regard to the requirements of §1902(a)(10)(b).
- B. Definition of Services: Expanded prenatal care services will offer a more comprehensive and coordinated prenatal care package of services to improve pregnancy outcome. The qualified prenatal care services provider may perform the following services:

1. Intake Package Initiates the client into the program. Includes confirmation of the pregnancy; assignment of a care coordinator; orientation to and enrollment into the program; initiation of a care coordination record which is a permanent and integral part of the client's record; problem identification and development of the initial care plan; and health promotion (1 per client per pregnancy).

2. Comprehensive Childbirth Preparation or Childbirth Preparation Review

Full series for women who have not previously attended such a program, particularly nulliparous women or a review series for those who previously attended a childbirth preparation course (1 per client per pregnancy).

3. Outreach Bonus for First Trimester Recruitment

When the provider's active outreach efforts result in a client's prenatal care being initiated in the first trimester and care continues with the same qualified provider throughout the second and third trimester.

4. Outreach Visit      A home or community visit by a social worker, nurse, or community health worker to initiate a women, who has already been identified as pregnant and in need of prenatal care, into the program. To follow up missed appointments when the client cannot be reached by telephone or when otherwise warranted. (3 visits per pregnancy)
  
5. Home Assessment/Client Education  
  
A home visit by a nurse or social worker to more fully understand the environment, social or physical, that produces stress for the client during pregnancy; to provide health education when the client is unable to attend on-site; to teach parenting skills in the context of the environment in which the client lives; to help the client organize her home and life situation in order to facilitate her ability to follow prescribed health regimens; and to help the client prepare and care for her newborn infant. (2 units per visit/2 visits per week, 1 unit = 45 minutes)
  
6. Obstetrical Home Care  
  
Home care by a physician or a nurse midwife to provide components of obstetrical care to clients who have great difficulty utilizing the traditional medical system.
  
7. Prenatal Home Nursing Care  
  
Home care by a registered nurse under the direction of the obstetric care physician or practitioner for the purpose of monitoring a high-risk medical/obstetrical condition requiring bed rest or limited mobility as an alternative to hospitalization.
  
8. Home Health Aide Care  
  
Assists in the implementation of care plans established by the obstetric care physician or practitioner and overseen by the employee's home health agency to monitor vital signs and assist the bedridden pregnant woman with her hygiene, competently applies infection control and safety measures and is knowledgeable about the danger signs of pregnancy, knows how and whom to communicate to assure that timely and appropriate medical care is received.

9. Personal Care Services

As a prior authorized service, personal care services are provided in the recipient's home in accordance with the recipient's plan of treatment as prescribed by a physician. (2 units per visit/2 visits per week, 1 unit = 45 minutes)

10. Indepth Nutrition Counseling

Nutrition counseling is provided for clients with identified, persistent, suboptimal dietary behaviors at least during the pregnancy. The need for this service must be identified in the Care Coordination Record and the Comprehensive Problem List. Nutrition counseling may be provided by a nutritional or registered dietician depending on the nature and complexity of the problem.

11. Psychosocial Counseling

Provided for problems that threaten the client's ability to cope with her pregnancy and her role as a mother. Such problems include premature or unwanted pregnancy, abuse, neglect and abandonment. The need for this service must be identified in the Care Coordination Record and Comprehensive Problem List. Psychosocial counseling may be provided by a social worker or psychologist depending on the nature and complexity of the problem.

12. Smoking (Tobacco) Cessation Counseling

One to one smoking cessation counseling by the medical provider or the care coordinator supplemented by culturally appropriate self-help materials. The need for this service must be identified in the Care Coordination Record and the Comprehensive Problem List.

13. Substance Abuse Problem Identification and Referral Counseling

Substance abuse problem identification and referral counseling by qualified provider staff followed by referral to inpatient hospital detoxification and outpatient drug and alcohol rehabilitation counseling. The service is to be provided by or under the direction of the social worker in charge of psychosocial services as outlined in the maternity services manual.

14. Genetic Risk Identification  
Information and Referral

Genetic risk information and referral links the genetic screening regularly done during pregnancy and the more in-depth genetic testing and counseling, done by a genetic specialist, for a specific identified genetic risk. It must be conducted by the obstetric care practitioner. (2 units per pregnancy, 1 unit = 45 minutes.

15. Prenatal Parenting Program

An organized program to improve the parenting skills for clients and their partners who are not prepared psychologically for their role as parent and/or who are lacking in the necessary child care knowledge and skills as described in the maternity services manual.

16. Prenatal Exercise Series

Weekly exercise classes especially for pregnant women. An optional service to both the provider and client. (1 per client per pregnancy)

17. Urgent Transportation

Payment for urgent transportation where the obstetrician must see the client to access her immediate health condition. (Receipted services)

18. Basic Maternity Services

Payment for first, second, and third trimester basic maternity care package as described in the maternity services manual.

19. High Risk Maternity Services

Payment for first, second, and third trimester high medical/obstetrical risk care package as described in the maternity services manual.

20. Second Trimester High Risk Maternity  
Package with Delivery

This service may be billed when the client delivers during the second trimester.

21. Third Trimester High Risk  
Maternity Services

A qualified provider may bill for this service, when applicable, as described in the maternity services manual.

- C. Qualified Providers: The provider, whether approved as a hospital obstetric clinic, community health center, migrant health center, rural health center, birthing center, family planning clinic, home health agency, or private obstetric or family practice, must have a concentration or specialization in prenatal services. The provider must employ one or more care coordinators and must meet the requirements described in Section II, Program Requirements of the Maternity Services Manual.

Source: Healthy Beginnings Plus Maternity Services Manual and the Healthy Beginnings Plus Program Fee Schedule, Provider Billing Guide

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